

Spectrum Youth Chorus

2025 Central Europe Tour Packing List

Label Everything!!! You must be able to carry all of your baggage simultaneously wherever you go.
 AVERAGE SUMMER TEMPERATURES will be similar to home: Salzburg 55-78° / Vienna 62-82° / Prague 54-79°
 We could experience heat waves into the 90's. Plan for rainy, cloudy or hot and sunny!

- 1 Suitcase – to be checked w/Spectrum luggage tag.
Suggested weight: 40lbs. No more than 50lbs. Total size (length+width+height) may not exceed 62 inches (this includes handle/wheels). You must be able to easily carry your own suitcase up stairs and over bumpy roads.
- 1 Small Backpack (your carry-on) with zipper or snap closure w/Spectrum tag.
 Fits easily in 40 x 30 x 10 cm space under your seat (or 55 x 40 x 23 cm overhead compartment). **Include your formal tour uniform & all medication in this bag.** (shoes may go in checked luggage – they are replaceable, dresses/shirts/ties are more difficult). **Include snacks for duration of the 9.5 hr flight. In-flight meals are included for Lufthansa flights, but picky singers or those with food allergies may wish to pack travel meals.** Take along items to occupy your time (average flight time 9 hrs 35 min) - electronic tablet/phone on airplane mode, paperback book, journal, coloring book, deck of cards, magazine, etc. Also include a change of underwear and any essential personal toiletries in case your luggage is lost. No knives or sharp metal objects. All carryon liquids must follow the 3-1-1 (each liquids container must be 3.4 oz or less, stored in a 1 quart-sized Ziploc bag, only 1 Ziploc bag per person). Liquids exception: medications with a name that matches the passenger's ticket.
- 1 Small Crossbody Purse with STRAP or Money Belt to hold passport during travel days and money/personal items on all days. If your pants all have snug fitting front pockets, you could get by with a small wallet that fits in a FRONT pocket to hold cash/cards on non air-travel days (when you do not need your passport).
The following items should ALWAYS be carried securely on your front:
Passport (air travel days only), photocopy of passport, cash/bank cards needed for the day, tour itinerary.

All items with * should be in your backpack or purse on the 1st Day.

Wear to airport on Day #1:

- Matching T-shirts: "Life without music would B-flat" 2024 camp shirt (any color)
- Pants/shorts/capris of choice for a full night of air travel
- Comfortable socks/shoes of your choice
- Light jacket or sweatshirt for travel
- Your crossbody purse or money belt with PASSPORT, photocopy of passport, cash/bank card, emergency #'s card, tour itinerary.
- Watch on wrist (or phone) to keep you on time!



Clothing: *Keep it classy! All clothing must be "school appropriate" and respectable. No ripped jeans, bare midriffs tops or baggy clothes.*

- *Youth/Ensemble Girls: formal Spectrum dress & ribbons (in carryon – fold carefully – should not wrinkle badly).
- *Youth/Ensemble Guys: formal Spectrum uniform (black dress shirt, black pants, black belt, colored ties, clean black socks for each concert). Pack one dress shirt and tie carefully in carryon. All back-up shirts go in checked luggage.
- *Accord Adults: solid black dressy attire of your choice. Shoulders and knees must be covered!
- NEW Spectrum Tour T-shirt & Black pants (to wear to St. Stephen's Cathedral)
- 4 Spectrum Music Tree T-shirts – any of our current casual uniform colors (blue moon, amethyst, turquoise, coal) w/blue jeans or black bottoms (full or capri length – knees covered) for days with dress rehearsals in churches.
- 2025 Youth Choir Festival "eat sleep sing" shirt for travel day home.
- Bottoms – pants, shorts, skirts, capris for 11 days. You could probably get by with just 6 and re-wearing them to save on space. Include your cathedral performance black bottoms & 4 days of casual uniform jeans/black bottoms in this count.
- Tops – shirts of choice for 5 days (plus 6 days of matching shirts). If you have space, you may want a fresh shirt daily.
- Girls: appropriate summer dresses are optional & might save space (counts as a top & bottom for free choice dress days).
- Lightweight rain jacket
- Pajamas
- Underwear & Socks for 11 days **one set in backpack*
- Black dress shoes (for formal uniform – put in checked luggage)
- 2 pair sturdy and comfortable walking shoes/sandals. You will want to be able to alternate. Make sure they are broken in (not brand new!). Wear one on first day. Only bring sandals if they are quality/supportive for walking long distances.

PACKING TIP: Clothes generally pack better if rolled rather than folded. If you put your underwear/socks/small items in Ziploc bags it makes it easier for security to go through your luggage! (you can also let the air out to save on room in your suitcase)

Personal Items:

- *Medications in original containers – put these in your carry-on. Make sure they are listed on your medical form.
- *Dramamine or something similar/natural remedies for those with motion sickness
- *Toothbrush, toothpaste
- *Glasses/Contacts & solutions
- *Girls: Sanitary napkins - in your carry-on (you may be surprised when traveling)
- *Kleenex
- *Personal first aid: band aids, moleskin for blisters, cough drops, vitamin C drops, vitamins, etc.
- Hair things: Brush, comb, hair ties, clips, curling iron, hairspray, etc.
- Deodorant – please wear daily on tour and especially with formal dress clothes.
- Shampoo, Conditioner (if you have a favorite) *basic toiletries will be provided at hotels
- Razor/shaving cream if needed (in checked bag only)
- Sunscreen, Bug repellent
- Plastic bags (in case you need to pack wet items or store dirty clothes)

Other Required Items

- *Passport (in crossbody purse or money belt on travel days). Singers will keep their own passport during check-in, flights and through customs. Passports for minors will be collected and kept in hotel safes by our staff. We will keep a photo of each traveler's passport with us at all times.
- *Final Tour Itinerary Packet – provided week of departure – keep with you during entire tour.
- *Money – each traveler will need money for 9 independent meals (3 in Austria, 6 in Czech Republic). We recommend bringing \$25 per meal. This comes to **\$225 USD** minimum total. This is the equivalent of 70 Euros (for 3 lunches in Austria) and 3320 Czech Crowns (CZK) (for 6 lunches in Czech Republic). Individuals might spend anywhere from \$15-30 USD or more per meal – depending whether they grab a sandwich or have a sit down meal. Many will eat for less, but this also allows a little extra spending money for an occasional treat or bottled water. Singers must stay hydrated! This does not account for any additional souvenir/spending money. Choristers will need to budget themselves. Visa and Mastercard are widely accepted throughout Central Europe. Your family may decide whether to exchange cash through your bank ahead of time – or travel with an internationally accepted credit card / prepaid Visa cash card. If you would like to get currency exchanged, it can be done through most home banks and takes about a week to fill.
- Suggested: Bank Card in traveler's name – Families have the option to set-up your singer with a credit card, debit bank card or pre-paid VISA card for their spending money or as back-up. Charge cards are accepted at most vendors, but street vendors will likely require cash. During free time, singers can find ATMs and get cash out as needed. ATM/debit cards MUST have a Visa or MasterCard logo. It is best to have a chip-and-PIN card.
- *Snacks for 1st day of air travel (in carryon). Dinner will be provided in flight, but plan ahead if picky or have allergies. Good ideas: wrapped sandwich, whole apples/bananas/oranges, carrot/celery sticks, dried fruit packs, small bags of chips or crackers, firm cheese, applesauce or PB packets (3.4 oz or less), cookies, candy, granola bars, beef jerky. Plan to purchase a bottle of water once through security (or bring empty bottle to fill before boarding plane). You may also purchase food at SeaTac prior to boarding.
- Your Spectrum tour music in black binder (may be in carryon or check luggage).

Optional Items

- *Things to occupy your time while travelling: paperback book (trade with friends once you finish!), notebook/journal, pens/pencils, coloring book/markers, deck of cards, entertainment electronics w/charger, magazine, headphones, etc.
- *Chewing Gum or small candies/lollipops to suck on (in your carry-on) – helps alleviate ear pressure on plane
- Snacks (a few granola bars, nuts or dried fruit, etc) to have in hotel in case you wake hungry in the middle of the night.
- Chargers & Adapters / Converters for various electronics – if you plan to bring anything that needs to plug into a wall (curling iron, phone/ipad charger, etc), you will need an *adapter* (so the plug fits the socket) and a voltage *converter* (the electric current running through the wall is different than in the US). Check out Amazon or Target for kits, if needed. Austria requires Type F / Czech Republic Type E (in most places). Read the fine print on your electronics to see if they will auto convert.
- Cell phone/Wireless Devices are optional (free wifi available in hotels). Do some research and talk with your carrier about temporary international plans. Stephanie's phone will work & be available for emergencies.
- Camera, batteries, charger (if no phone)
- Sun-hat/sunglasses
- Small flashlight
- Addresses (if you want to send old fashioned postcards!)
- Small Pictures (family, home, pets, etc.) or Huggable (stuffed animal you can't sleep without at night?)
- Make-up (natural looking only – no nail polish – hair always styled nicely/away from face).
- Small pack of hand wipes or hand sanitizer
- Small amount of dry laundry soap for hand washing (do not plan on doing any laundry)
- Water bottle to refill (or plan to purchase water bottles)

